



Stantonbury School
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Physical Education Curriculum Statement

Curriculum Intent

The purpose of the PE curriculum is as follows:

Ensure all pupils gain the knowledge and understanding to experience lifelong participation in fitness and sport.

Vision and values

Our vision within the PE department is to provide an extensive range of sports across all the national curriculums core areas. This will include invasion, net/wall, striking and fielding, health related fitness, gymnastic, swimming, athletic and outdoor and adventurous activities. It is also our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging physical education lessons that are enjoyable, challenging, and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferable life skills such as fairness and respect as well as components of fitness such as balance, coordination, and cardiovascular endurance. Pupils will feel encouraged and supported in lessons irrespective of their starting ability. All pupils are free to take part in a vast array of extracurricular clubs which will feed into our school teams and external teams. The overall aim of the PE department is for Stantonbury School to be recognised as the top sporting school in all of Milton Keynes.

Planning and sequencing

Our curriculum is planned in line with the OCR GCSE syllabus. From Key stage 3 our programme of study is designed to prepare pupils, not only to enjoy the sports, but also demonstrate resilience and leadership skills needed for the next part of their journey in to key stage 4 and exam-based PE lessons. The theory of sport is the foundation for our teaching, with pupils regularly learning about the anatomy and cognitive skills required to execute the set tasks. Each year the pupils will follow a set sporting pathway which allows growth in each sport and prepares them for future years. In year 7 all lessons focus on skill-based learning, year 8 builds on tactics and year 9 looks at leadership. Year 10 pupils focus on the kinesiology of movement whilst year 11 pupils follow specific sports which allow for social engagement, stress relief and enjoyment of sport and fitness.

Whilst planning our curriculum we aim to weave in cross curricular links with other subjects such as science, history, and English through our use of theory-based teaching and continued use of positive literacy and numeracy in all tasks.





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Implementation

The PE curriculum follows the programmes and breadths of studies of the National Curriculum and is a follow on from Key Stage 2. Schemes of work are progressive and allow pupils to develop skills within various sports. Fundamental movement skills will be taught through the units to develop balance, agility and coordination using small sided and conditioned games.

Key Stage 3 & 4 pupils are also taught Fitness within many different settings, including our fully equipped athletics track and vast array of indoor spaces, this includes how to lead an active and healthy life, the effects exercise has on the body both short and long term, and how to plan appropriate exercise programs.

At Key Stage 4, pupils are given the option of studying within the OCR syllabus this includes an option of either GCSE PE or the Cambridge National Sport Studies course. This comprises of 4 Units of work; 1 unit is an externally assessed exam. The other 3 written units of coursework aim to improve the pupils' knowledge of rules of sports and the roles of umpires and allows pupils an opportunity to further analyse their own performance. Pupils are also taught how the body adapts to exercise, both short-term and long-term and are given an opportunity to lead a sports activity.

We will also be creating a full and structured rite of passage programme for all year groups where they will experience external opportunities to visit and perform at local in national based centres across the UK and further afield. The purpose of this will be to boost our pupil's cultural capital and develop aspirations beyond that of local sport. We will nurture partnerships with external companies to increase the future opportunities of our Stantonbury pupils further cementing our intent of lifelong participation in sport and fitness.

